Conniburrow Children's Centre Activity Calendar

Open Monday to Thursday 8.30 – 4.30pm and Friday, 8.30am – 4.00pm



www.milton-keynes.gov.uk/children-centres

Services and support for families with under fives

Conniburrow Children's Centre
1 Germander Place, Conniburrow,
Milton Keynes, MK14 7DU, 01908 675575

Conniburrow Reach Area- Conniburrow, Bradwell Common, Downs Barn, Central Milton Keynes & Campbell Park

Monday

Why Weight – BLC	34 Bramble Avenue MK14 7BZ. Weight loss and nutrition advice.	9.30am – 11.30am	
ESOL	English lessons for those with English as a second language. Crèche available.	10.00am – 2.00pm	
Development Checks	Call Health Services on 01908 725100 for more details and bookings.	1.00pm– 4.00pm	
Soccer Tots	Physical fun activities to enhance motor skills.	1.45pm – 2.30pm	

Tuesday

Stay and Play	A range of fun activities to enhance learning and development.	10.00am – 11.30am	
Drawing Classes - BLC	34 Bramble Avenue, MK14 7BZ. Gain support with drawing skills in a friendly group.	10.30am - 12.30pm	
LIPS – Let's Interact and Play	A 4 week course to support your child with speech and language. Contact us for information.	1.30pm – 2.00pm	
IT Assistance Afternoons – BLC	Help with IT skills such as Word, emails and more in a friendly environment.	1.00pm – 3.00pm	

Did you know…

That you can become a part of our parent forum, a group of parents that meet termly to discuss funding streams, ideas & deliver extra activities. A chance to have your voice heard.



Booking required. Call 01908 675575 to secure your place

Wednesday

Baby Clinic	Neath Hill Medical Centre, MK14 6JY CMK Medical Centre, MK13 8RN Call Health Services on 01908 725100 for more information.	9.30am – 11.00am 1.00pm – 2.30pm
Messy Play	Fantastic sensory activities that promote exploration. Spare clothes advisable.	10.00am – 11.30am
Creative Gardening – BLC	Community Orchard. Join in the community spirit and grow some produce.	3.30pm – 5.00pm

Thursday

Tender Tots	Salvation Army, Ramsons Avenue. Children and parent/carers play session.	9.45am – 11.15am
Crafty Cuppa – in partnership with BLC	Adult's arts and crafts with a cuppa and a chance to chat. Crèche available at the Children's Centre – BOOKING ESSENTIAL. £1 per family.	10.00am – 11.30am
Bumps and Babies	A friendly group for expectant mums and those with babies under 1 who aren't walking yet.	1.00pm – 2.30pm
Development Checks	Call Health Services on 01908 725100 for more details and bookings.	1.00pm – 4.00pm
Romanian Social Group – BLC	34 Bramble Avenue, MK14 7BZ. A time to socialise and speak your mother tongue with friends.	4.00pm – 6.00pm

Friday

Sound Start Music Sessions	For babies/non walkers For walking toddlers A 6 week course to support communication through fun, music and rhymes.	10.00am – 10.45am 11.15am – 12.00pm	
Coffee and a Chat – BLC	34 Bramble Avenue, MK14 7BZ Come and make friends with people in the community and share a hot drink.	10.30am – 12.00pm	
Development Checks	Call Health Services on 01908 725100 for more details and bookings.	1.00pm – 2.30pm	
Baby Massage	A 5 week course for non-crawlers to strengthen bonding and promote relaxation.	1.30pm – 2.15pm	

Support and opportunities

Parenting programmes
Supports families with practical ideas and advice on all aspects of parenting to support your child's development

Healthy eating sessions
Support and advice on healthy lifestyles for adults and children, including cooking sessions and recipes to try at home.

Time for twos
Support with funding for two year old childcare

Family support for parents with 0 – 4 year olds
Pop in and speak to our team about the support available

Support for work and training
We have lots of volunteering opportunities at the centre to help build skills and confidence

Community Learning courses
Enrol in 'English for Speakers of Other Languages (ESOL)' or 'Basic Skills' courses.